

Keep Your Drink Safer

*drink spiking can happen any place-
the most common drugs used are GHB (ecstasy),
Ketamine, and Rohypnol ("roofie")*



WATCH IT

*get your own
drink or watch it
being poured*

KEEP IT

*Don't leave your drink unattended
- give it to a trusted friend when
you dance or go to the restroom*



TOSS IT

*If your drink looks, tastes,
or smells funny,
dump it out*

REFUSE IT

*Don't accept a drink
from someone you don't know*

HOW TO TELL IF YOUR FOOD OR DRINK HAS BEEN SPIKED

We hope this never happens to you, but here are some important things to know if you think a drink (not just alcohol) or food has been spiked (“roofied”)

01

What does it look like?

Look for fizzing, cloudiness, a change in color or texture (thickening)

02

What does it taste like?

A drink that has been spiked might taste salty, bitter, or just “off” from how it usually tastes

03

What do you feel like?

Some common signs of spiking include: slurred speech, trouble breathing, feeling sleepy, not being able to move, feeling lightheaded or faint, feeling “drunk” even with no or little alcohol

STOP! drinking (or eating) if you think your beverage or food is spiked. **TELL SOMEONE!** the bartender, manager, person throwing the party.

GET HELP! If you are having any symptoms, get help immediately by calling 911 (Indiana has a lifeline law so don't be afraid to call if you're underage) or ask a friend to take you to the nearest ER or campus health center.