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KEY FINDINGS

SUBSTANCE USE

PREVALENCE OF SUBSTANCE USE

Table 3. Percentage of Students Reporting Use of Select Substances in the Past Month, by Age, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Alcohol	51.0	74.0	55.0
Marijuana	21.8	21.3	10.6
Cigarettes	14.0	19.7	25.2
Electronic vapor products	13.6	10.0	8.1
Cigars	8.2	7.9	5.5
Smoking tobacco with hookah/water pipe	6.9	8.3	2.5
Chewing/smokeless tobacco	3.5	5.2	3.9
Prescription stimulants not prescribed to you	4.2	5.7	1.8
Prescription painkillers not prescribed to you	1.9	2.6	2.5
Prescription sedatives not prescribed to you	1.7	2.3	1.6
Hallucinogens	3.6	2.8	1.5
Cocaine	2.1	2.9	1.5
Inhalants	1.0	1.0	0.7
Heroin	0.4	0.4	0.4
Methamphetamine	0.4	0.3	0.8
Other illegal drugs	0.6	0.5	0.4

Table 4. Percentage of Students Reporting Use of Electronic Vapor Products for Selected Substances, by Age, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Nicotine	65.2	76.5	90.6
THC	35.9	35.6	20.6
Alcohol	2.3	2.8	2.2
Other	10.9	4.9	2.1

Note. Out of students who reported ever using electronic vapor products (n = 2,112)

LEVELS OF ALCOHOL CONSUMPTION

Table 5. Percentage of Students Reporting Binge Drinking in the Past Two Weeks, by Age, 2017

Age		
18 - 20	21 - 25	26 or older
28.5	40.6	18.3

Note. Binge drinking was defined as consuming four or more drinks in one sitting for female students and five or more drinks in one sitting for male students.

Figure 1. Percentage of Students Who Binge Drank Select Number of Times in the Past Two Weeks, By Age, 2017.

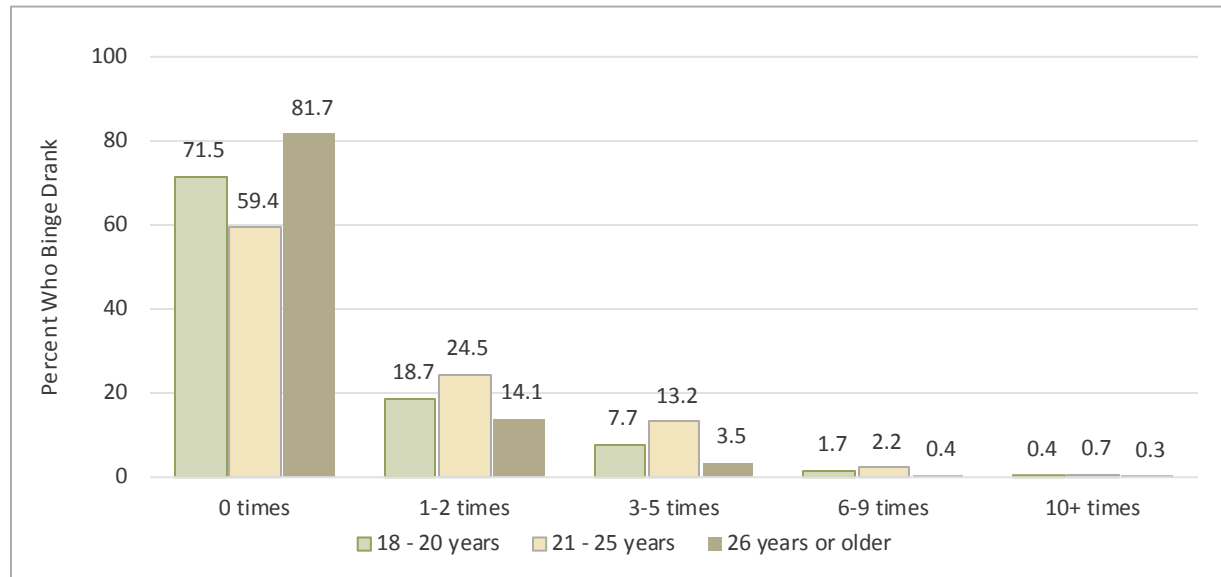
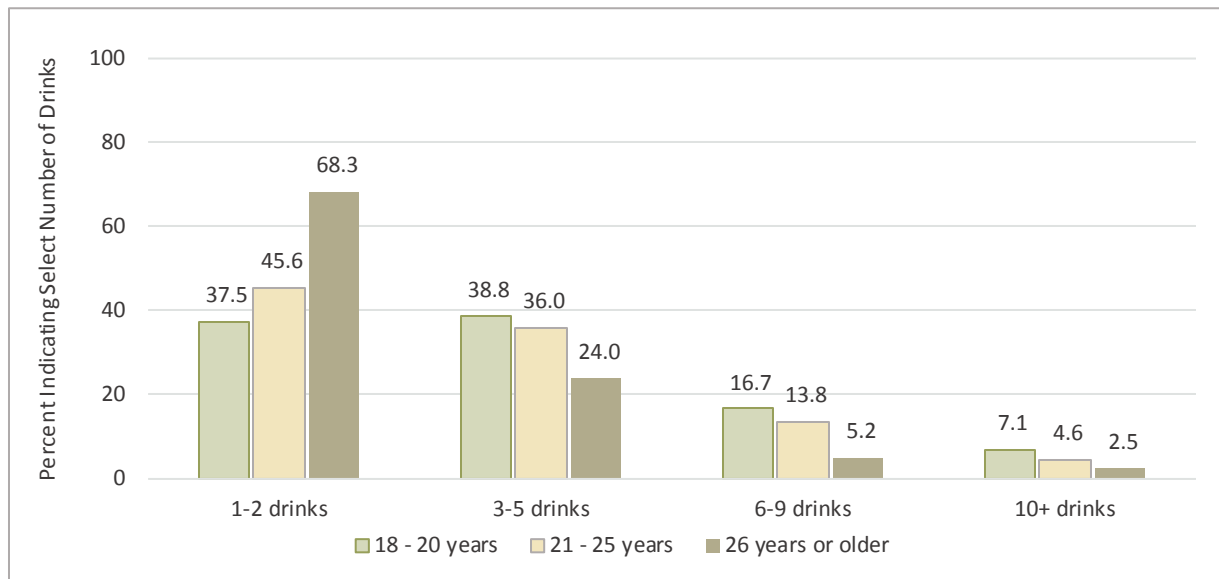


Table 6. Mean Number of Drinks Respondents Typically Consume When They Drink Alcohol, by Age, 2017

	Age		
	18 - 20	21 - 25	26 or older
Mean	4.0	3.5	2.6
Standard Deviation	2.8	2.6	2.2

Note. Out of students who reported ever drinking alcohol (n = 5,634). Range = 0-15.

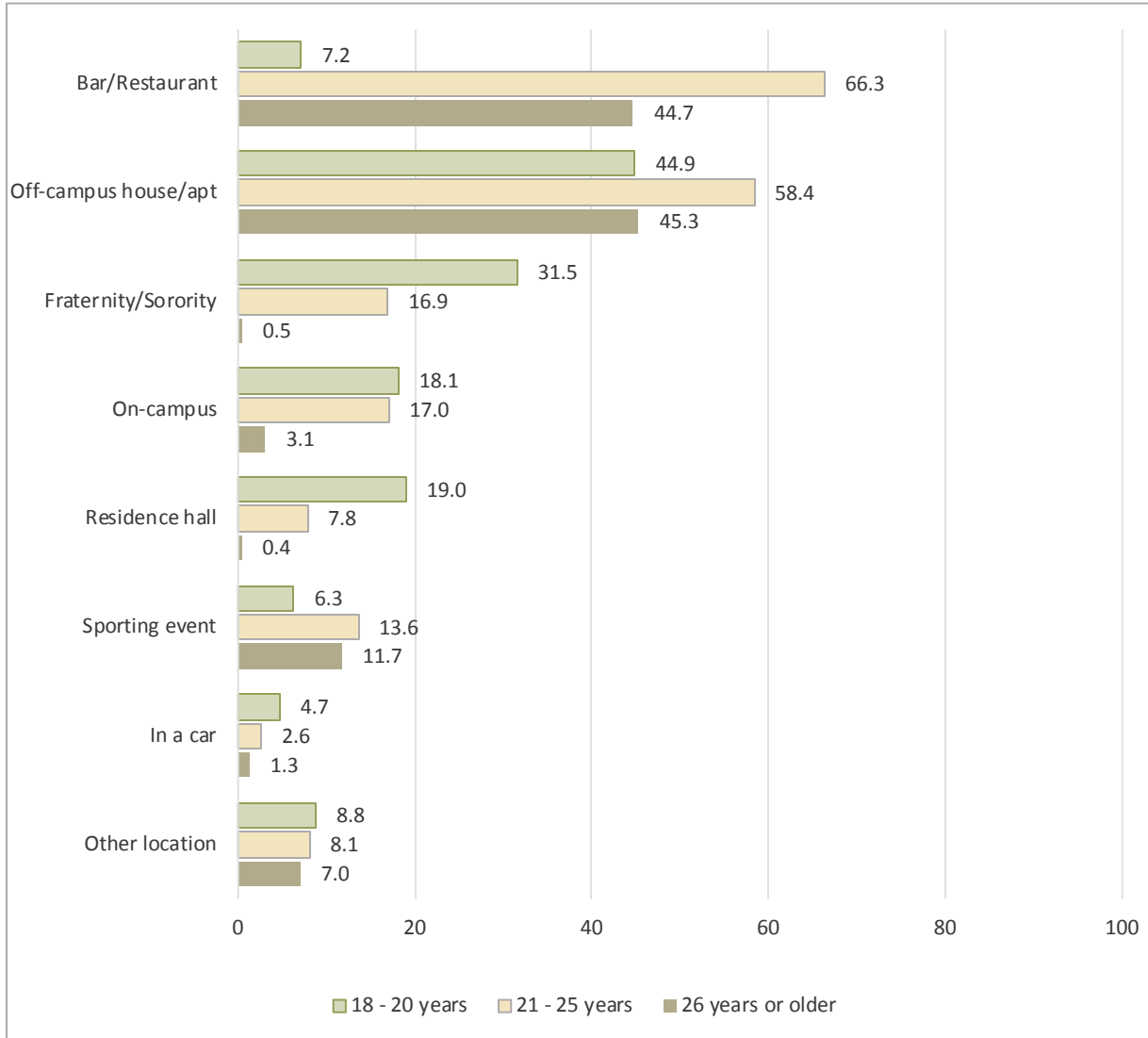
Figure 2. Percentage of Students Who Typically Consume Select Number of Drinks on Occasions When They Drink Alcohol, by Age, 2017



Note. Out of students who reported ever drinking alcohol (n = 5,634).

LOCATION AND TYPE OF ALCOHOL USE

Figure 3. Percentage of Students Who Reported Drinking Alcohol at Select Locations in the Past Year, by Age, 2017



Note. Out of students who reported ever drinking alcohol (n = 5,634). Responses of drinking alcohol at select location “sometimes,” “often,” or “always” are included.

Table 7. Percentage of Students Who Consumed Select Type of Alcohol in the Past Year, by Age, 2017

Type	Age		
	18 - 20	21 - 25	26 or older
Liquor	62.3	63.4	36.7
Beer	44.2	54.6	37.0
Wine	39.0	50.7	42.0
Malt beverages	34.7	32.3	14.6
High alcohol drinks	13.5	11.5	4.4
Other	10.7	9.9	6.4

Note. Out of students who reported ever drinking alcohol (n = 5,634). Responses of drinking select type of alcohol “sometimes”, “often”, or “always” are included.

REASONS FOR ALCOHOL USE

Table 8. Percentage of Students Who Indicated Select Reasons for Drinking Alcohol in the Past Year, by Age, 2017

Reason	Age		
	18 - 20	21 - 25	26 or older
To have a good time with friends	84.5	87.4	65.1
To relax	51.8	64.8	55.7
To experiment	34.0	17.4	4.5
Because of boredom	22.4	19.7	7.2
To get away from my problems	14.6	15.2	8.3
Because of anger/frustration	11.9	15.2	11.0
To get through the day	4.4	5.7	3.0
Because I'm hooked	1.9	2.8	1.2

Note : Out of students who reported ever drinking alcohol (n = 5,634).

CONSEQUENCES OF ALCOHOL USE

Table 9. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Drinking Alcohol, by Age, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Had a hangover	52.5	60.1	32.4
Forgot where you were or what you did (blacked out)	28.4	26.2	6.2
Felt bad or guilty about your drinking	27.7	26.6	11.8
Did something you later regretted	27.9	24.4	8.4
Engaged in unprotected sexual intercourse (i.e., without a condom)	15.7	19.7	9.6
Missed class or an assignment	13.2	15.7	3.2
Had friends or family members worry or complain about your drinking	11.7	11.3	7.8
Created problems between you and your friends or family members	10.8	11.7	2.8
Been hurt or injured because of drinking	10.8	10.8	4.2
Driven a car while under the influence	7.4	12.2	4.7
Been in trouble with police, residence hall, or other college authorities	5.7	2.3	0.8
Gotten into physical fights when drinking	4.3	5.1	2.3
Gotten into trouble at work or college because of drinking	4.6	2.1	1.1
Been ticketed	1.9	1.2	1.1
Been arrested for drunk driving	0.4	0.7	1.0

Note. Out of students who reported ever drinking alcohol (n = 5,634).

Table 10. Percentage of Students Who Reported Select Sexual Acts in the Past Year While Under the Influence of Alcohol, by Age, 2017

	Age		
	18 - 20	21 - 25	26 or older
Experienced unwanted sexual activity	4.4	3.2	0.5
Took advantage of someone sexually	0.6	0.6	0.3

Note. Out of students who reported ever drinking alcohol (n = 5,634).

Table 11. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Someone Else's Drinking, by Age, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Had to take care of another student who drank too much	46.9	40.6	5.2
Had your studying or sleep interrupted	33.5	28.1	3.7
Had to act as a designated driver for another student because he or she drank	27.7	30.6	5.8
Found vomit in the halls or other areas of your residence	30.1	18.7	0.8
Had your belongings or property damaged	12.2	12.9	2.0

RISK FACTORS

PERCEPTION OF PEER BEHAVIORS AND BELIEFS

Table 12. Perceived Percentage of Students at Your School Who Used Alcohol in the Past Month, by Age of Respondent, 2017

Perceived percent who use alcohol	Age		
	18 - 20	21 - 25	26 or older
0% - 25%	1.9	2.0	5.8
30% - 55%	14.2	11.0	20.3
60% - 65%	27.2	26.4	29.6
70% - 100%	40.6	38.6	29.3

Table 13. Mean Number of Drinks Respondents Think the Typical Student Consumed the Last Time He/She "Partied/Socialized", by Age, 2017 (range = 0 – 30)

	Age		
	18 - 20	21 - 25	26 or older
Mean	4.4	4.4	3.8
Standard Deviation	2.4	2.4	2.6

Figure 4. Percentage of Students Who Indicated Select Number of Drinks They Think the Typical Student Consumed the Last Time He/She “Partied/Socialized”, by Age, 2017

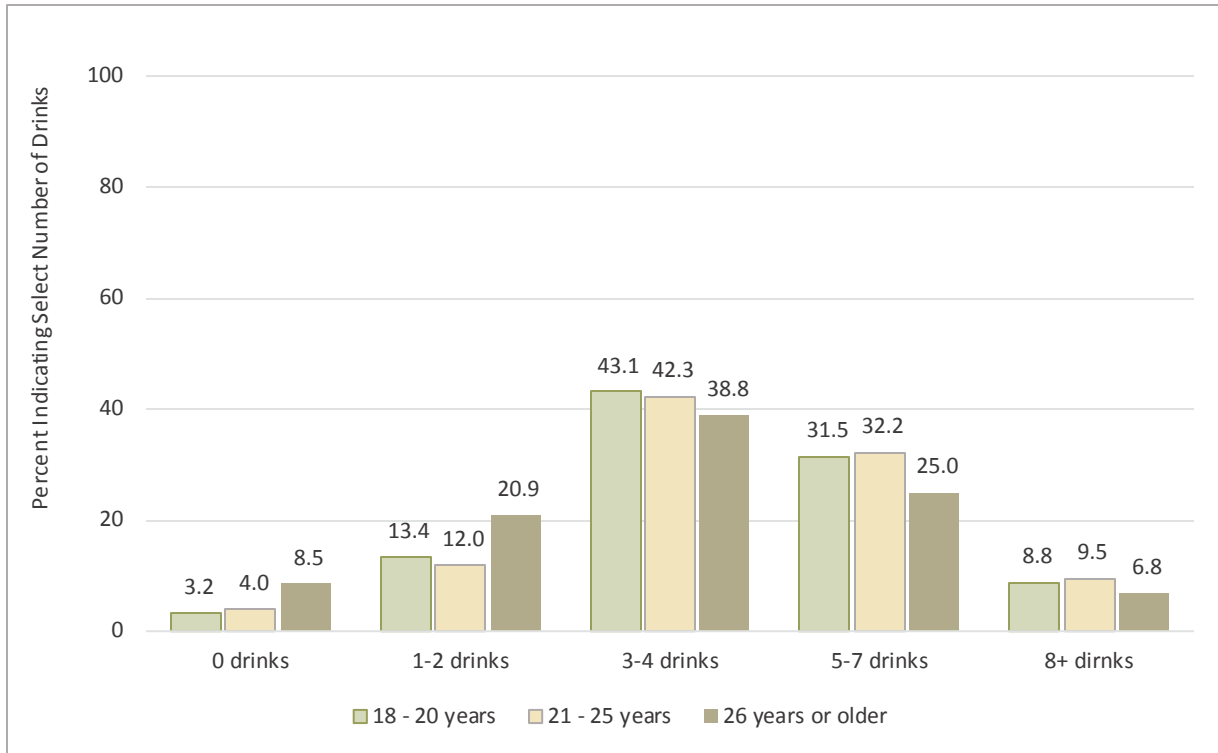


Table 14. Percentage of Students Who Thought Their Close Friends Would Disapprove of Their Use of Select Substances, by Age, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Having five or more alcoholic drinks in one sitting	46.1	36.7	54.7
Using marijuana	47.0	46.4	64.4
Using prescription medication not prescribed to you	82.4	78.8	84.4

Note: Responses of “Strongly Disapprove” or “Somewhat Disapprove” are included.

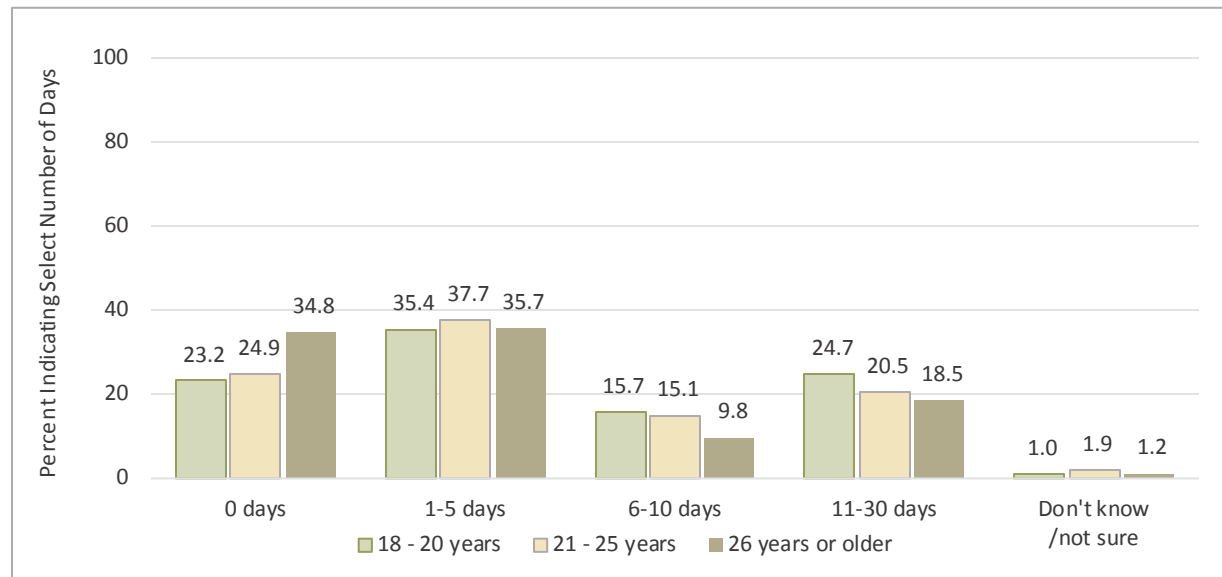
MENTAL HEALTH

Table 15. Mean Number of Mentally Unhealthy Days During the Past Month, by Age, 2017 (range = 0 – 30)

	Age		
	18 - 20	21 - 25	26 or older
Mean	7.6	6.8	5.9
Standard Deviation	8.6	8.1	8.3

Note. Survey question: “Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?”

Figure 5. Percentage of Students Who Indicated Select Number of Days During Past Month That Their Mental Health Was Not Good, by Age, 2017



Note. Survey question: “Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?”

Table 16. Percentage of Students Who Reported Feeling Sadness or Suicidal Ideation in the Past Year, by Age, 2017

	Age		
	18 - 20	21 - 25	26 or older
Felt sad or hopeless	28.9	27.8	23.2
Seriously considered attempting suicide	11.4	9.2	6.2

Note: Sadness survey question: “During the past 12 months did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?”

GAMBLING BEHAVIOR

Figure 6. Percentage of Students Who Reported Any Gambling Behaviors or Consequences in the Past Year, by Age, 2017

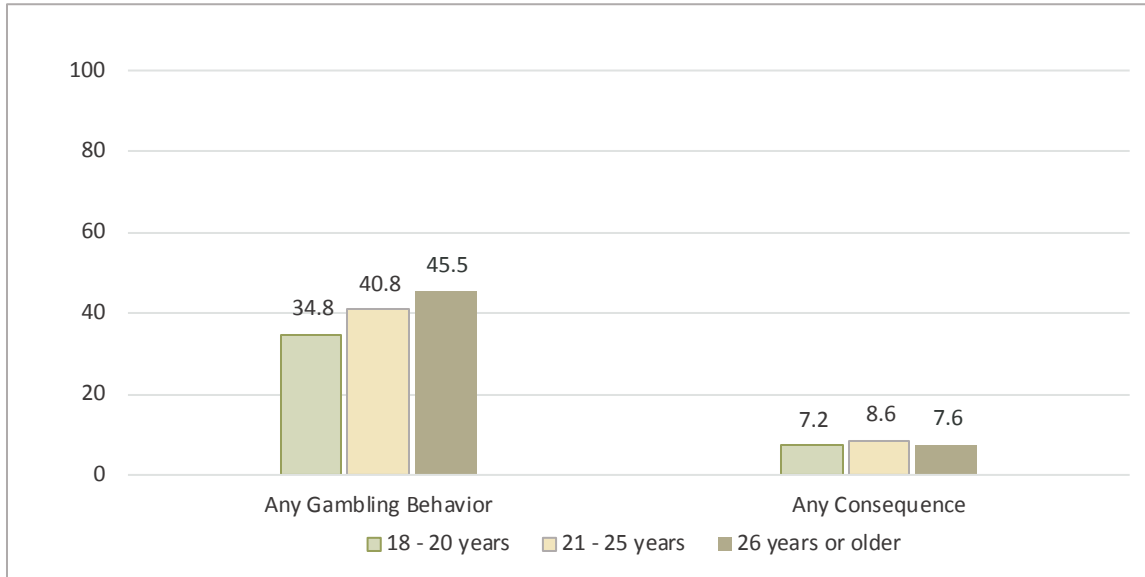


Table 17. Percentage of Students Who Reported Select Gambling Behaviors in the Past Year, by Age, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Lottery	20.4	24.0	39.6
Personal challenges/dares	15.8	11.1	4.9
Card games	8.7	13.4	9.0
Sports	9.3	9.8	7.4
At a casino	1.9	17.0	18.2
Personal games of skill	8.4	10.1	5.9
Bingo	4.1	5.1	7.2
Online gambling	1.5	1.4	1.2
At informal locations	0.6	0.7	0.8
Bet/gambled in other ways	4.8	4.7	3.2

Figure 7. Percentage of Students Who Reported Weekly or More Frequent Gambling in Select Gambling Categories in the Past Year, by Age, 2017

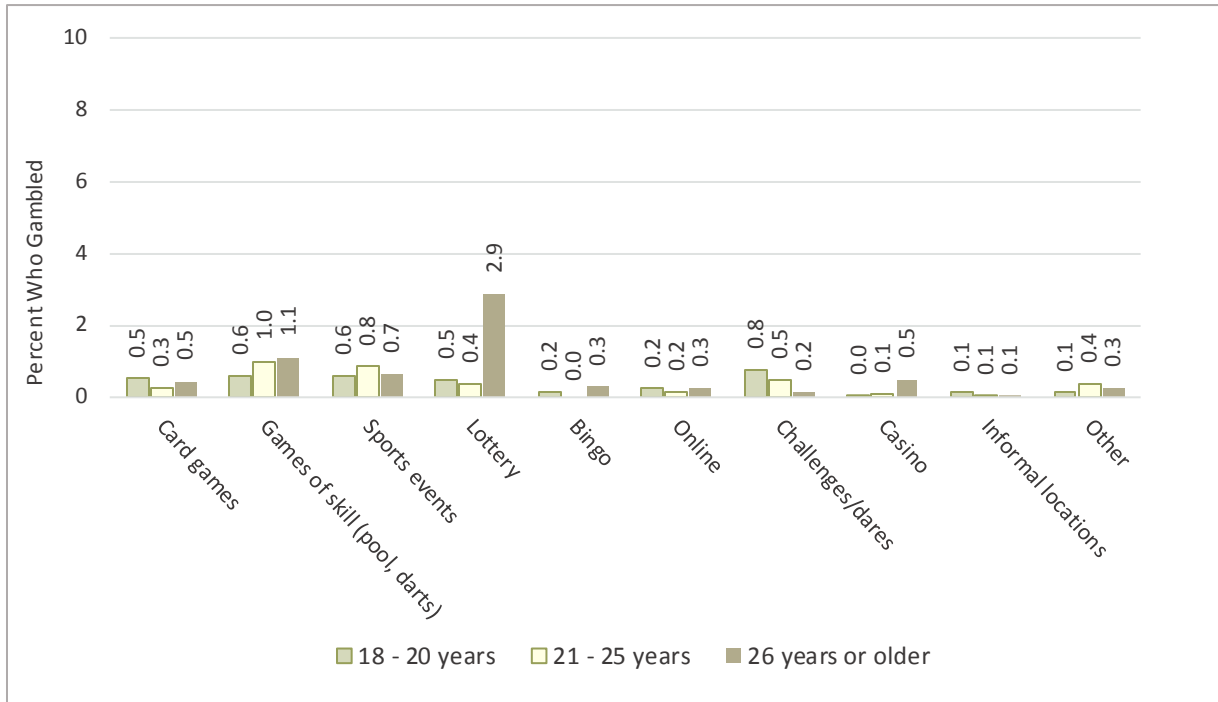
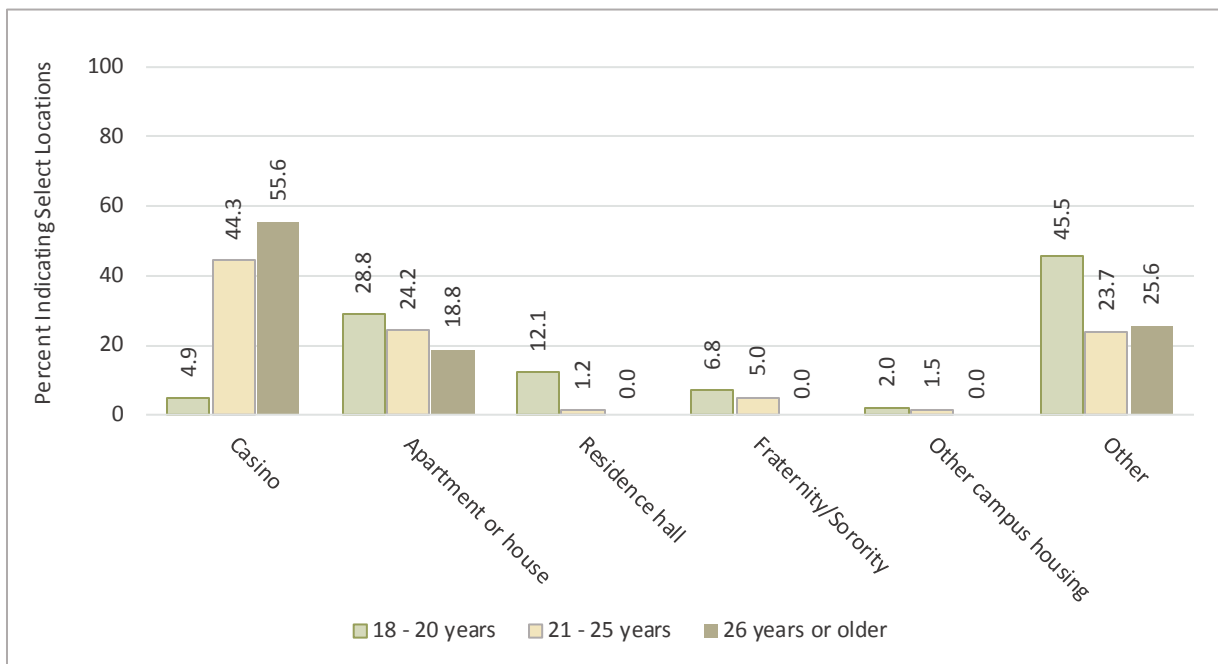


Figure 8. Percentage of Students Who Gambled in the Past Year, Who Reported Select Locations as Their Most Frequent Gambling Location, by Age, 2017



Note. Does not include students who only gambled online or playing the lottery (n = 1,649).

Table 18. Percentage of Students Who Gambled in the Past Year, Who Reported Select Consequences as a Result of Their Gambling, 2017

Substance	Age		
	18 - 20	21 - 25	26 or older
Lost possessions or money	16.9	17.1	12.4
Felt bad about gambling	5.3	8.9	8.0
Issues with friends and family	2.5	1.2	1.5
Academic problems	2.2	1.2	0.8
Poor health	2.2	1.8	1.7
Issues with legal system	1.2	0.2	0.2

Note: n = 2,761.

CHARACTERISTICS OF SURVEY PARTICIPANTS

Table 19. Demographic Characteristics of Survey Participants, 2017

	Frequency	Percent
Gender		
Male	2,358	34.0
Female	4,525	65.3
Transgender	50	0.7
Age		
18 - 20	2776	40.0
21 - 25	2038	29.4
26 or older	2119	30.6
Race		
White	5,648	81.5
Black/African American	392	5.7
Asian	333	4.8
Native American/Alaskan Native	32	0.5
Hawaiian/Pacific Islander	14	0.2
More than one race	268	3.9
Other	221	3.2
No answer	25	0.4
Ethnicity		
Hispanic	461	6.6
Non-Hispanic	6,452	93.1
No answer	20	0.3

